

Second Wind Lung Transplant Association, Inc.

Hospital Checklist

The following is a checklist of items you might want to take with you when you go to the hospital to receive your transplant. As you get close, you may want to keep a bag packed and with you at all times so that you can go straight to the hospital when you are paged or called.

- Pre-paid phone card (it is hard to remember the calling card # from the phone company)**
- Eyeglasses**
- CD player or radio with earphones and plenty of batteries**
- Your own pillow with pillowcases**
- Small electrical or battery operated fan**
- Flash cards for communicating when you can't talk (You might want to download Dick Wyatt's Ventilator Buddy)**
- Lemon drops (if allowed) for moistening mouth.**
- Pre-moistened towelettes for freshening hands and face.**
- List of telephone numbers for family and friends**
- Dry erase board and marker or Pad of writing paper and sharpie marking pen (easier to write with than a pen or pencil)**
- Deck of cards for long visits**
- Camp Cot for support person to sleep on. (Reclining chairs at hospitals are not very comfortable)**
- A comfortable robe, loose pajamas and slippers**

- ❑ **Personal hygiene items:**
 - Toothbrush**
 - Toothpaste**
 - Chapstick**
 - Razor Blade or Electric Razor**
 - Deodorant**
 - Hair brush**
 - Hand Cream**
 - Tucks (after several enema's these really come in handy)**
 - Nail clippers**
 - Nail file**
 - Sanitary supplies (hospital usually only has huge peri pads)**

- ❑ **A book and a word find book and pencil (when company has gone and it's quiet in the evening this helps, especially when you can't sleep)**

- ❑ **A small amount of money so that you can go to the gift shop and get a magazine or a box of candy to pass around to the nurse's.**

- ❑ **Some pre-paid envelopes for letters or prepaid postcards for quick 'thank you's' for gifts/flowers etc.**

- ❑ **A small clock**

- ❑ **A small torch so you don't have to put the light on to see your small clock or to walk to the toilet in the middle of the night**

- ❑ **Your own water bottle to drink out of and a cover for it (many germs are airborne)**

Last Revised: Friday, August 10, 2001