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EDITOR'S NOTE

We are looking for articles and photographs from lung transplant patients, caregivers, & lung transplant professionals. Personal experiences and clinical or treatment subjects are welcome.

To submit corrections, letters to the editor, photographs, and articles, send an e-mail to:
schumann10.ss@gmail.com

Thank you!
The Editor

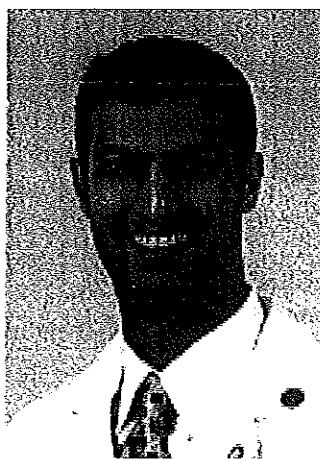
Skin Cancer: Recognize the Risks

Dr. Milan Anadkat

Associate Professor of Dermatology
Washington University Medical School

The need for immunosuppressive therapy following lung transplantation is currently universal. The individual drugs utilized may vary, along with their dosages, as no clear consensus exists on the optimal regimen. Regardless, a few consistent risks are seen and accepted by lung transplant recipients as a result of chronic immunosuppression, including the risk for infection and the risk for cancer.

The development of skin cancer is known to occur at higher frequencies in solid organ transplant recipients due to immunosuppression. Heart and lung transplant patients typically require greater immunosuppression, thereby further increasing their risk. The most common skin cancer seen in transplant recipients is called a



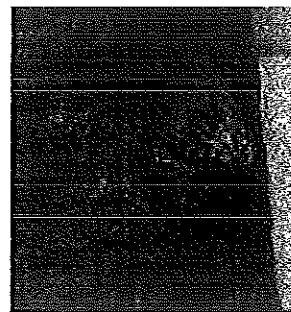
Dr. Anadkat

squamous cell carcinoma (SCC), which occurs at least 65 times more commonly than the general population. Transplant patients also develop other skin cancers at higher rates than normal, including basal cell carcinoma, melanoma, Merkel cell carcinoma, and Kaposi's sarcoma.

Understanding the Risks

The overall risk for skin cancer development is related to the type of immunosuppression utilized, the overall dosage, and the number of years receiving immunosuppression. This risk increases with each subsequent year following transplant. The drugs cyclosporine, azathioprine, and tacrolimus are most notable in their ability to increase the risk for skin cancer development. A newer agent, rapamycin, is utilized less often but has shown to actually decrease the risk for skin cancer development.

Skin cancers have the ability to grow, invade, and destroy tissue. In rare cases, skin cancer can metastasize. Metastasis is more likely when skin cancers involve the mucosa (lip, mouth, etc). Metastasis is also more likely to occur in solid organ transplant patients compared to the general population. SCCs that occur in transplant patients often behave differently than SCCs that occur in the general population, even though they do not always look different.



Squamous Cell Carcinoma

(Please see *Skin Cancer* continued on page 3)

BOARD OF DIRECTORS

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AirWays

AirWays is published six times per year (if enough material of interest is submitted or found) by Second Wind Lung Transplant Association, Inc. by and for lung transplant candidates, recipients, caregivers, and transplant professionals worldwide

We welcome all contributions to the newsletter; however, we reserve the right to edit submissions. Articles printed in *AirWays* are the property of Second Wind Lung Transplant Association, Inc. and may not be reprinted without permission from the Board Executive Committee.

We appreciate our members' help in obtaining donations to support Second Wind Lung Transplant Association.

General Information

Membership in Second Wind includes a subscription to *AirWays*. To join or change your address please contact Second Wind via postcard, toll free phone, or e-mail listed below.

A Word of Caution

Every attempt is made to print accurate technical/medical information from reliable sources. We would not knowingly present erroneous information but because of time and technical constraints it is not possible to check all submitted information.

Articles printed in this newsletter are for general information only and not meant to be taken as professional medical advice. Each individual's situation is different and information in the newsletter may or may not apply to you or your circumstance. It is your responsibility to discuss any information herein with your physician to determine whether it is beneficial or deleterious to your health.

To submit an article for publication in *AirWays*, send an MS Word document as an attachment to:

schumann10.ss@gmail.com

Send hardcopy submissions to the editor:

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1020 S. Gull Court

Palatine, IL 60067

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Columbus, OH 43221

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E-mail: keeler768@aol.com

MERRY CHRISTMAS, HAPPY
HANUKKAH
AND HAPPY NEW YEAR!

President's Notes

Cheryl A. Keeler

Second Wind Lung Transplant Association, Inc

The Board of Directors of Second Wind wish all of you Happy Holidays and a wonderful New Year. We hope all of you stay safe and enjoy a loving, peaceful, and healthy new year. The Board would like to bring you up-to-date on the activities of the last few months.



AirWays

Due to some technical problems, including computer issues, we are a little late publishing this edition. All is well now and we are back on track. Second Wind still needs help with *AirWays*. No

publishing experience is needed. If you are willing to volunteer a few hours a month gathering articles and putting the layout together, please email me at keeler768@aol.com or Steve at schumann10.ss@gmail.com. If you would like to share a transplant story, please contact our Editor and fellow Board Member Steve Schumann at schumann10.ss@gmail.com.

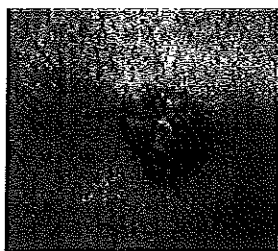
Financial Assistance Program

During the months of August, September, October and November the Board processed five (5) requests for financial assistance from the membership. The total amount paid was \$1,839.07. These grants covered transportation costs to and from the member's transplant center. Also included is temporary lodging for three (3) members either when visiting their center for evaluation or after being released from the hospital before they could return to their home. Thank you to all who have made these much needed grants possible.

Later in this edition of *AirWays*, you will find two articles on two fund-raising efforts to raise monies for the Financial Assistance Fund. The net results of these events for your assistance fund from the Hike for Lung Health, held on September 25, 2016 in Chicago, Illinois is \$3,997.35 and a total of \$18,236.22 from the 5K Turkey Trot held on Thanksgiving Day, sponsored by Seven Summits Physical Therapy, in Mason, Pennsylvania. As you will read later in this edition, Seven Summits chose Second Wind this year as the charity to receive the net proceeds from this annual event in honor of the owner's Mother, who received a single lung transplant

(Please see *President's Notes* continued on page 4)

(Skin Cancer continued from page 1)



Basal Cell Carcinoma There are certain characteristics of SCCs that occur in transplant patients, however, that should be considered. They tend to grow quickly and are often painful. Younger patients are affected more often when immunosuppressed. Treatment can be difficult as many patients develop multiple SCCs on the skin. The risk for recurrence of SCC after therapy is also much higher, as is the potential for metastasis (as stated earlier).

Prevention is Best Option

The best therapy is often via prevention. Patients must be exceptionally diligent about performing self-examinations monthly and getting routine skin examinations (minimum once per year). New bumps or growths that are rapidly changing, bleeding, or painful require prompt attention by a dermatologist.

The value of sun protection also cannot be over-emphasized. Patients should be diligent to minimize prolonged UV exposure. Simple measures can be performed; such as seeking shade and avoiding sun exposure when the sun is most intense, between 10 AM and 4 PM in temperate zones. This is true even on cloudy days, since UV light (unlike visible light) passes through clouds. Remember that UV light also passes through most side windows in cars; consider getting a UV filter!

Clothing is the best form of sun protection and should be encouraged. Hats, sunglasses, sleeves, and pants are always better than sunscreens. Certain clothing, with Ultraviolet Protection Factor (UPF), is especially helpful in protecting from UV exposure. Cover what you can! Uncovered portions of



Melanoma

the body should be protected with sunscreens daily with at least SPF30, and should be broad spectrum (blocking both UVA and UVB radiation). Reapplication of sunscreen is essential and generally recommended every 2 hours of continuous sun exposure.

Skin cancers are a serious risk for transplant patients, and should be taken seriously by patients and doctors alike. With proper sun protective measures and diligent examinations, however, modern medicine is plenty capable of preventing and treating these skin cancers.

(2nd Wind gratefully acknowledges permission from Second Wind St. Louis and Dr. Anadkat to reprint this article which was originally published in the /September 2016 newsletter.)

One solution for oxygen at home, away, and for travel

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Notice: It is the Policy of Second Wind Lung Transplant Association, Inc. to prohibit the posting of any email and/or message regarding the exchange of medications on any communication medium of the Association.

Transplant Centers of Excellence Conference

Cheryl Keeler, President Second Wind

On March 1-3, 2017 a conference will be held in San Francisco, CA. This conference will discuss best practices in unique organ procurement, transplantation, rejuvenation, and regeneration for hospitals and health networks. The event will be an exploration of techniques to better equip hospitals and health centers with the latest strategies and advancements through real case studies, research findings and organizational models from renowned Transplant Centers and programs. This year's conference will highlight and discuss a myriad of topics that are relevant to unique organ procurement and transplantation. Topics of interest that will be introduced and discussed are solutions and resources for the planning and development of comprehensive transplant services, effective treatment of immune problems, leveraging a multidisciplinary approach for the best results and patient satisfaction, and integrative medicine and nutrition. They will also explore the benefits and impact of the newest recommendations by national organizations, various accreditations, and updates to billing and reimbursement policies.

This two-day, case-study-based industry event will focus on advancing and expanding comprehensive transplant programs and services to maximize competitive advantage, meet increased demand and exceed patient satisfaction. The goal of this event is to bring industry leaders together, highlight the best practice achievements, and discuss the current issues and developments in the transplant industry.

Some of the Key Topics to be covered include:

- How to plan and develop comprehensive transplant services and programs from the ground up to deliver effective, high quality care.
- reimbursement issues and return on investment
- Improving quality of care, staff efficiency and cooperation, while reducing LOS and indirect costs
- Emerging trends and strategic opportunities in organ procurement and transplantation
- Integrative medicine and nutrition for the solid transplant patient
- Staffing models--recruiting
- Improved outcomes resulting from a focus of Certification
- Strategies to alleviate pressures from acute organ shortage

(President's Notes continued from page 2)

this year at the University of Pennsylvania Medical Center, at the age of 75.

Transplant News

American Lung Association

The ALA recently released their 2016 highlights. They included their 100-day public policy agenda where they asked the public to tell them more about your priorities with regard to lung health remaining at the forefront of nationwide public policy. The ALA also launched their "Tobacco 21" initiative calling on all 50 states to raise the legal sales age for tobacco products to 21. During 2016, the ALA raised \$6.5 million in lung disease research. The research covers the full spectrum of lung disease, including lung cancer, asthma, COPD, pulmonary fibrosis and tuberculosis.

UNOS News Bureau

For over thirty years, no transplantable organs could be recovered in the U.S. from anyone known to be HIV-positive. While this prohibition began at a time when detection and clinical treatment of the virus were largely ineffective, it continued into an era when both detection and management have made great advances. The HIV-Organ Policy Equity Act (also known as the HOPE Act) signed into law November 21, 2013 called for the use of organs from HIV positive donors for transplantation into HIV-positive candidates under approved research protocols designed to evaluate the feasibility, effectiveness and safety of such organ transplants. The provisions of the Act were made effective two years later on November 21, 2015. As of November 18, 2016, 19 transplants (13 kidneys and six liver transplants) have been performed involving organs from HIV-positive donors for HIV-positive recipients. Thirteen transplant centers have enrolled with OPTN to participate in research studies and approximately 80 candidates are currently listed to receive organ offers from HIV-positive donors.

A policy was released that allowed a transplant program to submit an exception request for a LAS, an estimated value for one of the tests that is used to calculate the Allocation Score for patients with Pulmonary Hypertension. Guideline Lung transplant candidates diagnosed with pulmonary hypertension and who meet the following criteria, may qualify for an increase in their lung allocation score. The criteria is: 1. Patient is deteriorating on optimal therapy and; 2. Patient has a right atrial pressure greater than 15 mm Hg or a cardiac index less than 1.8/L/min/m². Refer to Policy 10.28 (Lung Candidates with Exceptional Cases) for additional information about the exception review process.

Please enjoy this Holiday Season with friends and family!

(Please see Transplant Centers continued on page 9)

SEVEN SUMMITS

Therapy & Fitness, LLC
5K Turkey Trot Benefitting
Second Wind Lung Transplant Assoc.

By Cheryl Keeler, President

This is a story of what I consider to be a miracle, that came out of the blue and will benefit many of those in need of financial help with lung transplantation costs, who come to Second Wind for assistance. Late in August I received a telephone message on the 800 Help-Line. The individual on the message stated he wanted to talk with me about designating Second Wind Lung Transplant Association, Inc. as his "charity of choice" for an annual event he produces and would I please give him a call.

I returned the call and learned of the following miraculous story. The owner of Seven Summits, Mr. Brady O'Mara, is the son of a woman who had received a single lung transplant on July 26, 2016, at the Hospital of the University of Pennsylvania. During her evaluation for a lung transplant, she was given a notebook for new patients. In that notebook, the Social Worker at UPENN placed a brochure from Second Wind, explaining our Mission and some of the various programs we offer to lung transplant patients both before and after transplant.

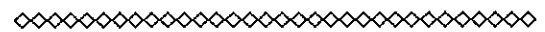
For the past nine (9) years, Seven Summits Therapy & Fitness has held a 5K Turkey Trot on Thanksgiving Day. Each year Mr. O'Mara chooses a charity to receive the net proceeds of the event. Last year they had over 900 registrants on a beautiful, sunny day for the run. We were all hoping and praying for good weather this year, but even with a slight drizzle of rain, there were still over 800 runners.

I learned that Brady's Mother, Nancy O'Mara, was diagnosed with Pulmonary Fibrosis in 2010. Her breathing gradually worsened over the first five years after diagnosis, and then she took a turn for the worse. Nancy was a young 75 years old in February and her family didn't know if she would live to 76. On oxygen and barely able to breath, Nancy underwent multiple tests to qualify for a lung transplant at UPENN. Finally, she was added to the waiting list on July 19, 2016 and on July 26, 2016 she received a life saving single lung transplant. Nancy now walks on a treadmill for 40 minutes and walked in the Turkey Trot.

Brady and his family wanted to give back to the transplant community in thanks for his Mother's recovery. In honor of his Mother, Brady chose Second Wind as a result of a social worker at UPENN placing a brochure in a notebook that Brady read and contacted me out of the blue, on a beautiful sunny day in August. All of the net proceeds from the 5K Turkey Trot have been donated to Second Wind's Financial Assistance Fund. The Second Wind fund provides funds to pay for things that

aren't covered by insurance. We pay medication co-pays, cost of temporary lodging away from home at the transplant center, and even gasoline cards to help with the cost of transportation to and from the transplant center. We have made payments for a variety of expenses when the patient just can't cover the costs.

As a result of the generosity of the O'Mara family, the many registrants at the 5K run, and the numerous sponsors of the event, Second Wind received \$18,236.22 for the Financial Assistance Fund. Words seem small in an attempt to express the gratitude of the Board of Directors of Second Wind. I am only hopeful that all involved in this miraculous event know the donations will be used to help those in financial need when many times, they don't know where to turn. Thank you Brady O'Mara and we wish many more birthdays for your Mom.



Help Still Wanted!

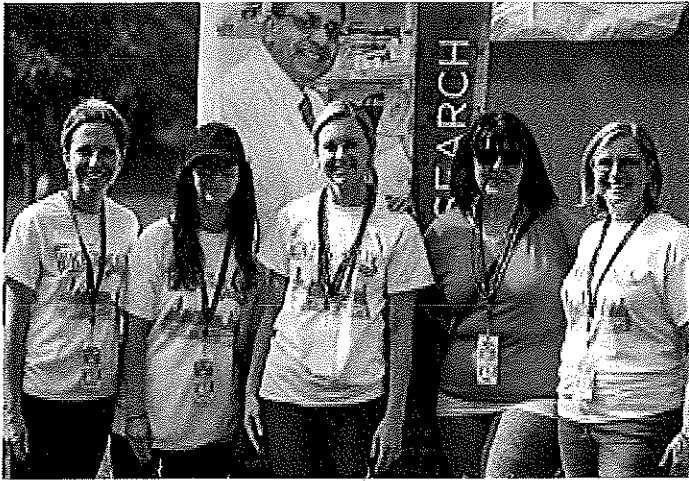
I realize I keep beating this dead horse, and Cheryl is also putting her heart in it. As they say, the beatings will continue until morale improves and some kind soul will come to my rescue. Your faithful editor is more than ready to move into the far right lane and give someone else a chance. No experience is necessary, but wouldn't hurt, especially with Adobe InDesign. Training will be made available, and non-members would be welcome, so if you have a spouse or acquaintance who might be interested we would consider that person. I would like to surrender my office when possible. If there are any wannabee editors out there, please contact Steve Schumann (schumann10.ss@gmail.com) or Cheryl Keeler (keelerc768@aol.com) to talk it over. As you've probably already figured out this is a voluntary position and no one is breaking down my front door yet, so it's not too late to jump in.

Hike For Lung Health

Beth Ritter-Ruback

Marketing and Communications Director
Respiratory Health Association

Everywhere you turned at the 10th Anniversary Hike for Lung Health, you could see the importance and impact of the event. Families and friends surrounded individuals living with lung disease, t-shirts featured photos of loved ones lost, and host Respiratory Health Association and eight charity partners shared vital information about their specific area of focus, treatment and research options. One of those partners, Second Wind Lung Transplant Association, Inc, was celebrating its second year being part of Hike for



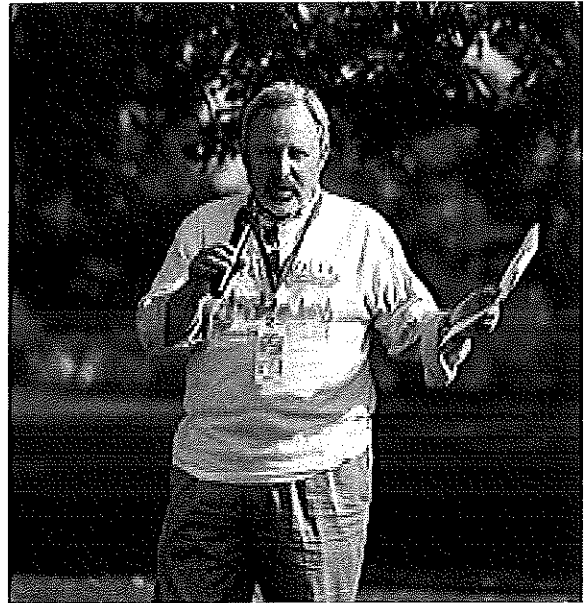
RHA Staff Members enjoying a beautiful day in Lincoln Park Lung Health.

Held on a warm and sunny Sunday, September 26, 2016, more than 800 participants walked a one mile or three mile path through Lincoln Park to raise awareness about lung disease and funds for education, research and policy change. 200 individuals were “virtual walkers,” tracking their miles at home, in the gym, or even as part of pulmonary rehabilitation.

Collectively, the 2016 Hike for Lung Health participants have



And They're Off!



Joel Africk
President and CEO of RHA

raised nearly \$99,000 to combat lung disease. Despite it being just their second year as a charity partner, Second Wind Lung Transplant Association participants were the second highest fundraisers, collecting \$5,590 to support their mission. In individual fundraising efforts, Second Wind Vice President Frank Shields was second overall, raising nearly \$3,105.

The Hike for Lung Health concept – that as a united lung health community, we can achieve more together than working alone – continues to build on its success. By sharing the event, RHA and the charity partners keep costs low so that more dollars



An attentive group of Hikers

(Please see Hike for Lung Health continued on page 7)



...and more enthusiastic participants

raised go directly to help those affected by lung disease and to prevent it in the future. Hike for Lung Health is a celebration of collaboration and RHA looks forward to have Second Wind Lung Transplant Association, Inc. as a charity partner for many years to come,



Midas, the Wonder Dog, Second Wind's shortest but most enthusiastic Hiker.



Eric Harned Elected As the Newest Second Wind Board Member

Eric is previously married and the father of a 26 year old son who's an engineer at Honda, and a 21 year old daughter who is attending OSU in dental Hygiene. He is recently engaged to Lyn but a date has not officially been set for their wedding. Eric is a graduate of Ashland University in Ashland, Ohio and grew up in a small town, Hayesville not far from there. He has spent his entire career in Business Development/Sales/Management and worked in several different industries. He also is back umpiring baseball for his 9th season, and it's not uncommon for him to do over 100 games in a season.



Eric also serves as a trustee on several committees: The FNCCC which is an area zoning development organization. He is also Past President of his neighborhood community and acting VP currently. He is active in his church and sang for many years in the church choir. He is an active Ambassador Speaker for Lifeline of Ohio, helping educate high school health class students the importance of organ donation,

as well as speaking at an OSU nursing meeting and student classes involved with Pulmonary rehab – all as a means of giving back after his transplant.

Eric was first diagnosed with scarring in his lungs – bronchiectasis – after a freak fall from a roof peak while hanging Christmas lights in 2006 – after x-rays were taken to confirm if his ribs were broken. Over the next 8 years his lung condition and ability to breathe continued to worsen until his right lung collapsed and he was rushed to the hospital failing to breath in early September 2014.. After two surgeries to correct the collapsed lung, further x-rays and a biopsy were done and he was told without a transplant he had 4-6 months to live. He had less than 20% lung capacity and went on oxygen 24/7. He was listed for Transplant – Dec. 18th, 2014 and three days later, he received THE CALL and a double lung transplant was completed the morning of Dec. 22nd. Since that time Eric has celebrated two years of great health, no complications, has returned to work full time, is also umpiring again, and remaining active in all the afore mentioned interests and commitments. He thanks his surgeons, the nurses and God for his second chance.

Transplant Anniversaries

SEPTEMBER 2016

<u>Name</u>	<u>Transplant Date</u>	<u>Yrs</u>
Sandra Patrick	9-1-2014	2
Donna Siegman	9-2-2009	7
Maria Trevino	9-14-2014	2
David Courtney	9-8-2008	8
Tom Archer	9-11-2006	10
Marilyn Sundt	9-15-2011	5
Brian Amdersen	9-15-2015	1
Cheree Peirce	9-16-2012	4
Tim Canan	9-25-2006	10
Janet Costilow	9-28-1999	17

OCTOBER 2016

<u>Name</u>	<u>Transplant Date</u>	<u>Yrs</u>
Fred Triquet	10-1-2010	6
Alan Scchwenck	10-6-2009	7
Owen Teruel	10-14-2015	1
Damian Neuberger	10-19-1997	19
Beth Davenport	10-20-1995	21
Melody Pierson	10-30-2007	9

NOVEMBER 2016

<u>Name</u>	<u>Transplant Date</u>	<u>Yrs</u>
Susan Sweeney	11-2-2014	2
Carolyn Blaylock	11-5-2003	13
Megan Tims	11-8-2015	1
Cathy Cuenin	11-9-2004	12
Annette Cook	11-13-2014	2
Chuck Schuele	11-20-2008	8
Juan Orozco	11-30-2015	1

Fundraisers for Your Financial Assistance Program

Hike for Lung Health - Chicago, IL - 09-25-16 with the Respiratory Health Assoc.

As a result of the hard work of your Vice President, Frank Shields, Second Wind received \$3,997.35, as the net proceeds from this event. These funds will all go into the Financial Assistance Fund.

5K Turkey Trot - Wayne, PA - Thanksgiving Day - Seven Summits Therapy & Fitness, LLC

The following individuals and companies made donations as sponsors in support of the Turkey Trot. These funds will all go into Second Wind's Financial Assistance Fund.

Scott and Evelyn Shreve

Michael and Jane Murphy

Cedars Café

Flynn & O'Hara Uniforms, Inc.

Jimmy's BBQ

Nolan Painting, Inc.

Sila Heating and Air Conditioning, Inc.

Janice Rolnik / William Sydnes

Cynthia Inman

John Fessick

Kuranda Financial Mortgage, Inc.

Stephen and Christine Kozeracki

James and Lisa O'Mara

Susan Scanion / Bruce Terry

Donald and Jane Wright

Kuo Enterprises Inc.

Patient First

These sponsors made donations totaling \$5,050.00 in support of the Seven Summits Therapy & Fitness 5K Turkey Trot. These funds will all go into Second Wind's Financial Assistance Fund.

Special Thanks goes to **Seven Summits Therapy & Fitness, LLC** - Mr. Brady O'Mara, owner donated the net proceeds of the 5K Turkey Trot to Second Wind's Financial Assistance Fund in the amount of \$13,186.22. Along with the sponsors, this makes a total of \$18,236.22. Thank you to the entire O'Mara Family and especially Brady's Mom Nancy O'Mara who is a member of Second Wind.

(Transplant Centers continued from page 4)

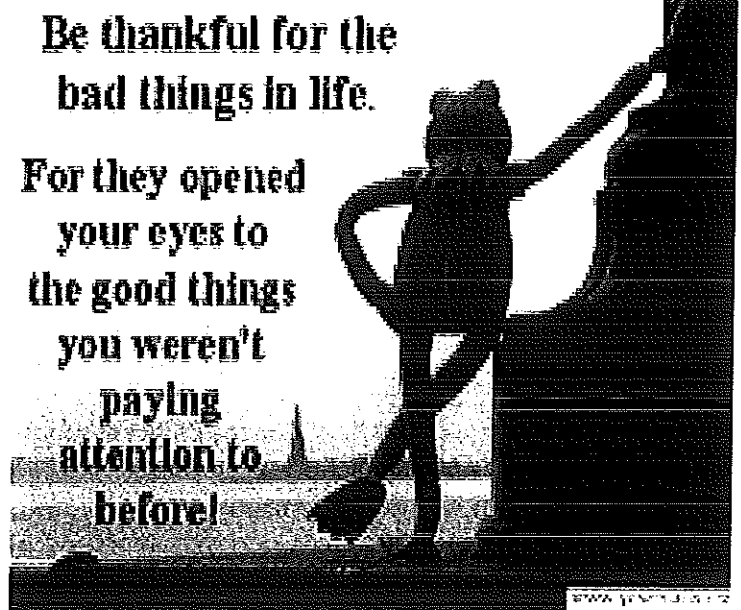
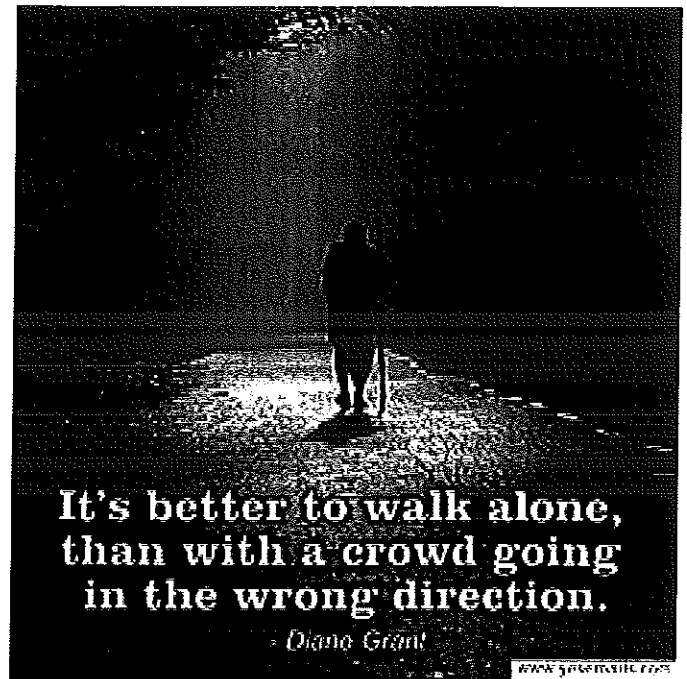
Invited Speakers include Representatives from:

Banner MD Anderson Cancer Center
Barnes-Jewish Hospital: Saint Louis, MO
Beth Israel Deaconess Medical Center
Boston Children's Hospital
California Pacific Medical Center
Cleveland Clinic; Cleveland, OH
Jackson Health System; Miami, FL
Saint Joseph Hospital; Orange, CA
Mayo Clinic, Jacksonville, FL
The Mass General Transplant Center
New York Presbyterian/Weill Cornell;
New York, NY
Ochsner Clinic Foundation, New Orleans
UCLA Medical Center, Los Angeles, CA
Sacred Heart Medical Center, Spokane, WA
The Johns Hopkins Comprehensive
Transplant Center
UCSF Medical Center, San Francisco, CA
University Medical Center Phoenix
University of Minnesota Medical Center
Riverside, Minneapolis, MN
University of Washington Medical Center
Seattle, WA
Virginia Commonwealth University Health
System; Richmond VA

Attending this conference will be:

- CEOs, COOs, CTOs
- Vps of Transplant Services
- Administrative Directors of Transplant Services
- Medical Directors of Transplant Services
- Transplant Coordinators
- Quality Specialists, Transplantation
- QAPI Directors/Managers
- Transplant Nurse Managers
- Pharmacists

This conference is being provided by Active Communications International. For more information and pre-registration call James Boylan at 414-221-1700 Ext. 125 or email James at jboylan@acius.net.



Support Groups & Events Calendar

AirWays posts coming events that are of interest to our readers. Please submit the name of the event, location, date(s), time(s), website link, contact person, and a short description of the event if needed. We are not able to include fundraisers.

Closing dates are the end of the months of January, March, May, July, September, and December. Due to printing and mailing schedules, please submit items for publication at least two weeks before the closing date.

Lung Transplant Support Groups.

Dover Campus, St. Clare's Health System

400 West Blackwell Street
Dover (Morris County), NJ
For information, call (732) 412-7330

Cincinnati Support Group

Second Thursday of each month at 6:30pm, hosted at the home of Robert and Cynthia Lohstroh; 4120 Beamer Ct., Cincinnati, OH 45246. Phone: (513) 752-0451.
Covers Cincinnati, Dayton, and Northern Kentucky.

St. Louis Second Wind Lung Transplant Association

Second Wind of St. Louis is now available on Facebook by searching that name.
Second Sunday of each month, 2pm, at Chris' Pancake and Dining.
Contact person: Amanda Helderle, 314-225-6751
may12usch@yahoo.com

Loyola University Medical Center

Third Tuesday every month, 7:00 PM
EMS Building Rm 3284, 2160 S. First Ave.
Maywood, IL 60153
Pre-, post-transplant patients, & support person(s)
Caregivers only support group, first Wednesday every month.
Combined Transplant Support Group, first Thursday every month. This meeting and Caregivers at same address.
Upcoming Programs: **Sept. 20 Rachel Janas, RD, Nutrition for Pre- and Post-Transplant Patients;**
Nov. 15 Special Presentation--Coping with the Holidays, Relaxation Techniques (Speaker TBD)
For information, contact Susan Long (708) 216-5454,
slonng@lumc.edu

Emory Lung Transplant Support

First Monday of the month at 12 noon on the Emory Campus.
Location Changes. Contact Julia Bucksot at
jsbucksot@gmail.com for more information

Shands Hospital Lung Transplant Support Group

Shands Cancer Hospital, South Tower, 5th Floor
1515 SW Archer Rd., Gainesville, FL 32610
Contact: Micki Luck, nodurm@shands.ufl.edu
Phone: 352-519-7545

University of Washington Medical Center Seattle, WA
Meetings for 2016 (schedule pending).

Pre- and post-transplant Support Group

UWMC patients, their family and friends. Meetings are on the Second Tuesday of the month, 12:30-2:30.

Caregivers Support Group Meetings

Meetings on the 4th Wednesday 12:30pm to 2:00pm, January through October. Open to transplant families, friends, spouses & partners. No patients please. Both meetings are held in the Plaza Cafe Conference Rooms B/C.
Contact: Angela Wagner, MSW at 206-598-2676;
www.uwltsg.org

University of California San Francisco

Lung Transplant Support Group, Third Thursday of every month, 1-2:30 pm., 505 Parnassus Ave., Room 1015.Moffitt
San Francisco, CA 94143-0307
Contact: Andrea Baird, LCSW
Andrea.Baird@ucsf.edu / 415-353-1382

St. Joseph's Hospital & Medical Center

Lung Transplant Support Group
500 W. Thomas Rd.
Phoenix, AZ 85013
2nd Tuesday of every month, 11:45 am – 1:00pm
Mercy Conference Room
Contact: Kathy Lam, LCSW
Kathy.Lam@DignityHealth.org Phone: 602-406-7009

University of Chicago Medical Center

Lung Transplant Support Group for transplant recipients and those who are listed. Third Wednesday of every month, 5-6:30 pm.
Center for Care and Discovery (CCD), 7th Floor Conf.Rm. 7710
5700 S. Drexel Ave., Chicago, IL 60637
Contact: Fran Hammon, LCSW
frances.hammon@uchospitals.edu or call 773-702-4608
Pager 6720

(Please see Events Calendar continued on page 12)

NEW MEMBERS

Dennis Boyle	John Dorn
Alina Fidziukiewicz	Karen Hand
Eric Harned	Davis Hartsell
Tern Milligan	Douglas Morris
Robert Nispel	Tim O'Leary
Nancy O'Mara	David Pick
Cynthia Redding	Anlthony Swanson
Samuel Tambyraja	

MEMBERSHIP RENEWALS

Brian Andersen	Tom Archer
Carolyn Aspegren	Ron Blas
Kathryn Bryan	Mark Chelap
Mary Jo Festle	Ed Fiester
Donald Gwynne	Eric Hansen
Jane Kurz	George Landrun
Scott Larrimer	Robert Lohstroh
Maria Loss	Julie Martin
Damian & Judy Neuberger	Galrry Nichols
Michelle O'Guinn	Carla Schworer
Anne Smith	Karen Swenson
Fred Walker	Gail Weadon
Paul Woods	

We also welcome all our new and renewed members who wish to remain anonymous.

In Memory of

E. Grace Bachmann

Garry & Barbara Nichols
Donated to the General Fund



Donations to Second Wind Lung Transplant Association

The Board of Directors expresses appreciation to the following people for their financial support of Second Wind. Thank you very much for your donations, they are most appreciated!

General Fund

Greg Briggs	Kathryn M. Bryan
Mary Jo Festle	Charles Freiburger
George A. Landrum	Scott Larrimer
Garry Nichols	Ernest H. Pemberton
Karen Swenson	Gail E. Weadon
Paul D. Woods	

Donations for Financial Assistance Fund

Gay Bland	Kenneth Carrell
Chuck Schuele	

Donations for Membership Fund*

Gary Bland

* Membership Fund provides for waiver or reduction in membership dues for those with limited financial resources.

We also express our sincere thanks to all our donors who wish to remain anonymous.

WE REMEMBER

E. Grace Bachmann
Fairfield, NJ

Date of Birth: 7-2-1940

Single Lung Transplant 12-3-2005

Hospital of the University
of Pennsylvania

Date of Death: 10-21-2016

Anne Smith
Valencia, CA

Single Lung Transplant 5-17-2011

Date of Death: 12-15-2016

*At the going down of the sun and in the morning
We shall remember them!*